

COURSE TITLE

WORKSTATION CRANE OPERATOR SAFETY SYLLABUS

(SEE NOTES BELOW FOR IMPORTANT INFORMATION)

APPLICABLE ABA GROUPS OR EQUIPMENT TYPES

(PLEASE SEE [HTTP://WWW.TRAIN-A-LIFT.CO.UK/ABA-WORKPLACE-TRANSPORT-GROUPS/](http://www.train-a-lift.co.uk/aba-workplace-transport-groups/) FOR FURTHER INFORMATION ON ABA GROUPS.)

A-FRAME, SWING JIB, MANUAL GANTRY, MONORAIL.

ACCREDITING BODY



COURSE DURATION AND CAPACITY (1 DAY = 7.5 HOURS)

Number of Attendees	6	5	4	3	2	1
Novice Length (hours)	7.5	7.5	7.5	7.5	7.5	5
Experienced Course Length (hours)	7.5	7.5	7.5	7.5	7.5	5
Safety Refresher Course Length (hours)	7.5	7.5	7.5	7.5	7.5	3.75

CONVERSIONS ARE POSSIBLE FOR DELEGATES WITH APPROPRIATE EXISTING CERTIFICATION FOR THE FOLLOWING EQUIPMENT TYPES:

- None
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NOTES

Novice courses for pre-planned lifts (ie. Lifts for which operational specifics do not change from one day to the next, selection of appropriate slings is not undertaken) course length may be reduced to 3.75 hours.

COURSE OBJECTIVES

To train personnel in the practical skills and job safety knowledge necessary for the operation of Electric/Manual Lifting Blocks fitted to swing jibs, lifting gantries, A frames or monorails in accordance with the relevant sections and requirements of the Health and Safety at Work, etc, Act 1974 along with other applicable legislation and Approved Codes of Practice.

COURSE CONTENTS (THEORY)

COURSE CONTENTS (PRACTICAL)

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| <ul style="list-style-type: none"> • The Need to Train & Statutory Requirements • Health & Safety at Work Act 1974- Section 2,7 & 8 • LOLER (The Lifting Operations and Lifting Equipment Regulations 1998) • PUWER (Provision and Use of Work Equipment Regulations 1998) • MHSWR (The Management of Health and Safety at Work Regulations 1999) • Correct /Incorrect Selection and Use of Equipment/ Accessories • Pre Use Checks of Equipment/ Accessories • Rating + Derating Factors of Accessories • Multi Choice Theory Test | <ul style="list-style-type: none"> • Pre Use Check of Equipment • Control Familiarisation • Basic Slings Techniques • Lifting, Moving and Landing Loads • Correcting Storage and Parking of Equipment • Practical Assessment |
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COURSE DOCUMENTATION

Training records and Progressive Assessment report forwarded to employer.