

COURSE TITLE

WORKING AT HEIGHT SAFE USE OF LADDERS AND STEPLADDERS SYLLABUS

APPLICABLE ABA GROUPS OR EQUIPMENT TYPES

(PLEASE SEE [HTTP://WWW.TRAIN-A-LIFT.CO.UK/ABA-WORKPLACE-TRANSPORT-GROUPS/](http://www.train-a-lift.co.uk/aba-workplace-transport-groups/) FOR FURTHER INFORMATION ON ABA GROUPS.)

LADDER(S), STEP LADDER(S)

ACCREDITING BODY



COURSE DURATION AND CAPACITY (1 DAY = 7.5 HOURS)

Number of Attendees			4	3	2	1
Novice Length (hours)	-	-	3.75	3.75	3.75	3.75
Experienced Course Length (hours)	-	-	3.75	3.75	3.75	3.75
Safety Refresher Course Length (hours)	-	-	3.75	3.75	3.75	3.75

CONVERSIONS ARE POSSIBLE FOR DELEGATES WITH APPROPRIATE EXISTING CERTIFICATION FOR THE FOLLOWING EQUIPMENT TYPES:

- None
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NOTES

n/a

COURSE OBJECTIVES

To teach the general safety knowledge required for the safe use and inspection of ladders and step ladders to personnel who may be required to use such equipment as an ancillary part of their work, or are engaged in the supervision of others using such equipment.

COURSE CONTENTS (THEORY)

COURSE CONTENTS (PRACTICAL)

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| <ul style="list-style-type: none"> • Statutory Requirements • Health and Safety Legislation • DVD: Ladder Safety The Essentials • Equipment Pre – Use Inspections • HSE Guide Safe Use of Ladders and Step Ladders • Course feedback | <ul style="list-style-type: none"> • Ladder Erection and Use • Step Ladder Erection and Use |
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COURSE DOCUMENTATION

Training records and Progressive Assessment report forwarded to employer.