QCD131 Version 4.0

#### **COURSE TITLE**

# ROUGH TERRAIN AND INDUSTRIAL FORKLIFT TRUCK OPERATOR SAFETY SYLLABUS

**APPLICABLE ABA GROUPS OR EQUIPMENT TYPES** 

(PLEASE SEE HTTP://WWW.TRAIN-A-LIFT.CO.UK/ABA-WORKPLACE-TRANSPORT-GROUPS/FOR FURTHER INFORMATION ON ABA GROUPS.)

J1, J2, J3, J4, J5 J6, J7, J8

#### **ACCREDITING BODY**









#### COURSE DURATION AND CAPACITY (1 DAY = 7.5 HOURS) Number of Attendees 3 2 1 37.5 Novice Length (hours) 22.5 Experienced Course Length (hours) 22.5 15 15 Safety Refresher Course Length (hours) 7.5 7.5 5

### CONVERSIONS ARE POSSIBLE FOR DELEGATES WITH APPROPRIATE EXISTING CERTIFICATION FOR THE FOLLOWING EQUIPMENT TYPES:

- Counterbalance Forklift Trucks
- Multidirectional Forklift Trucks
- Pivot Steer Forklift Trucks

Reach Forklift Trucks

- Rider Transportable Forklift Trucks •
- Rough Terrain and Industrial Forklift Trucks

#### **NOTES**

n/a

### **COURSE OBJECTIVES**

To train personnel in the practical skills and job safety knowledge necessary for the operation of rough terrain and industrial forklift trucks to the accredited standards of ITSSAR and the ABA Worplace Transport 2012.

## **COURSE CONTENTS (THEORY)**

## COURSE CONTENTS (PRACTICAL)

- The Need to Train & Statutory RequirementsRated Capacities-Stability and Instability
- Operating Safety Code & Site Safety Rules
- Video "The Correct Approach"
- Multi Choice Theory Test

- Introduction to the Machine
- Control Familiarisation
- Daily Checks/Refuelling/Simple Maintenance
- Steering and Drive Modes
- Steering Procedures, (Unladen and Laden)
- Load Weight Assessment
- Load Handling
- Use of Stabilisers/Frame Levellers (where applicable)
- Stacking and Destacking Procedures
- Loading Towers and Scaffolds
- Travelling on Site
- Vehicle Loading/Unloading
- Fitting and Use of Attachments
- Recommended Practical Skill Test

## **COURSE DOCUMENTATION**

Training records and Progressive Assessment report forwarded to employer. TOP Scheme registration completed on behalf of customer.

