

**COURSE TITLE**

# HYDRAULIC VEHICLE LIFTING HOIST OPERATOR SAFETY SYLLABUS

**APPLICABLE ABA GROUPS OR EQUIPMENT TYPES**

(PLEASE SEE [HTTP://WWW.TRAIN-A-LIFT.CO.UK/ABA-WORKPLACE-TRANSPORT-GROUPS/](http://www.train-a-lift.co.uk/aba-workplace-transport-groups/) FOR FURTHER INFORMATION ON ABA GROUPS.)

2-POST OR 4-POST HYDRAULIC OR CABLE-OPERATED VEHICLE HOISTS

**ACCREDITING BODY**



**COURSE DURATION AND CAPACITY (1 DAY = 7.5 HOURS)**

Number of Attendees	6	5	4	3	2	1
Novice Length (hours)	3.75	3.75	3.75	3.75	3.75	3.75
Experienced Course Length (hours)	3.75	3.75	3.75	3.75	3.75	3.75
Safety Refresher Course Length (hours)	3.75	3.75	3.75	3.75	3.75	3.75

**CONVERSIONS ARE POSSIBLE FOR DELEGATES WITH APPROPRIATE EXISTING CERTIFICATION FOR THE FOLLOWING EQUIPMENT TYPES:**

- None
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**NOTES**

n/a

**COURSE OBJECTIVES**

To teach the basic skills and associated job safety knowledge required for the safe operation of vehicle hoists.

**COURSE CONTENTS (THEORY)**

- The Need to Train & Statutory Requirements
- Health & Safety at Work Act 1974- Section 2,7 & 8
- PUWER (Provision and Use of Work Equipment Regulations 1998)
- General Safety Rules

**COURSE CONTENTS (PRACTICAL)**

- Introduction to the Machine
- Pre-Operational Checks
- Positioning / Securing the Vehicle on the Hoist
- Safe Lifting & Lowering of the Hoist
- Practical Skill Tests

**COURSE DOCUMENTATION**

Training records and Progressive Assessment report forwarded to employer.